

# Lincoln Internal Medicine Resource Guide

## HOTLINE NUMBERS:

- AIDS Hotline (Center for Disease Control) 800-232-4636
  - Alcohol Drug Council of NC 800-688-4232
  - Alcoholics Anonymous 704-865-1561
  - Alcohol/Drug Information 800-729-6686
  - American Council for Drug Ed. (Phoenix House) 800-378-4435
  - Cocaine Anonymous 800-347-8998
  - Covenant House hotline 800-999-9999
  - Disability Advocacy (Social Security Office) 800-772-1213
  - Elder Abuse 704-862-7575
  - Eye Care Project 800-222-3937
  - Families Anonymous 800-736-9805
  - Gamblers Anonymous 213-386-8789
  - Intervention Services (National Counsel on Alcoholism & Drug Dependence) 800-622-2255
  - Marijuana Anonymous 800-766-6779
  - Medicine Savings (Discount Cards) 800-511-1314
  - Narcotics Anonymous 980-200-9349
  - Nat'l Alliance for Mentally Ill 800-950-6264
  - Nat'l Domestic Violence Hotline 800-799-7233
  - Nat'l Health Info. Center 240-453-8280
  - Nat'l Institute for Drug Abuse 800-662-4357
  - National STD Hotline 800-227-8922
  - Poison Center 800-222-1222
  - Pharmaceutical Patient Asst. 800-762-4636
  - Runaway Hotline 800-786-2929
  - Suicide Hotline 800-784-2433
  - Social Security Admin. 800-772-1213
  - Tough Love International 866-828-0178
  - Veterans Administration 800-827-1000
  - Veterans Administration Crisis Line 800-273-8255
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# Helping Agencies

## Assistance for low income persons

**Belmont Community Organization (BCO) 704-825-4526**

91 E. Catawba St., Belmont, NC 28012

Hours: 9 am – 1 pm

*Food, clothing, medicine, rent, electric/ gas bill, household items*

**Bessemer City Crisis Center 704-629-2147**

111 N. 12th St., Bessemer City, NC 28016

Hours: Tues: 1pm – 4pm / Wed: 10am – 2 pm / Thurs: 9am-12pm

*Closed Monday & Friday*

*Food, rental assistance, utilities, medicine, fuel, clothing.*

**Shelter for Battered Women 704- 332-2513**

Charlotte, NC

**Cherryville Area Ministries 704-435-3816**

212 N. Mountain St., Cherryville, NC 28021

Assistance: 8:30 am – 3:00 pm Monday, Tuesday, & Thursday

Store Hours: Monday – Friday Hours: 8 am – 5 pm

Saturday Hours: 9:00 am – 1:00 pm

*Clothing, food boxes, utilities, medicine and rent*

**Cramerton Ministerial Associates 704-756-1531**

171 S. Main St., Cramerton, NC 28032

Hours: 9 am – 3 pm Call for Appointment

*Utilities, medicine, gas - Cramerton Residents only*

*Food Pantry for anyone in need*

**Dallas/High Shoals Christian Ministry 704-922-1236**

110 S. Gaston St., Dallas, NC 28034

Hours: Closed Monday

Tuesday & Friday 9am – 12noon

Wednesday & Thursday: 1pm – 4 pm

*Utilities, food, clothing, medicine. Call for appointment.*

**Bread, Inc. (Food Bank) 704-854-9221**

161-B W. Franklin Blvd., Gastonia, NC

Hours: Tues. & Thurs.: 9 am -12 pm

*Free bread products, drinks, groceries*

**Crisis Assistance Ministries (CAM) 704-867-8901**

805-B W. Airline Ave., Gastonia, NC 28052 Hours:

Hours: 10 am – 2 pm Monday –Thursday (Closed Friday)

*Assistance with food, rent, utilities, medicine.*

*1st come 1st served*

*Line up starts @ 9AM for Gastonia residents only.*

**American Red Cross-Gaston County Chapter**  
190 S. Oakland St, Gastonia, NC 704-864-2623  
*Provides disaster relief including single family fire assistance*  
*Help get emergency messages for military families*

**Gaston Baptist Association 704-867-0905**  
Hours: 9:00am – 11:30am Monday – Thursday  
(Call on Mondays starting at 9:00 am for an appt.)  
607 Rankin Lake Rd., Gastonia, NC 28052  
*Food, clothing, medicine, utilities, transportation*

**Heart Society of Gaston County 704-865-1214**  
1201 East Garrison Blvd, Gastonia, NC  
*Provides financial assistance for heart medication for*  
*Gaston County residents in crisis situations*

**The Salvation Army 704-867-6145**  
107 S. Broad St., Gastonia, NC 28052  
*Food, clothing, rent, utilities, medicine*

**Christian Ministries of Lincoln County**  
207 S. Poplar St., Lincolnton, NC 704-732-0383  
Hours: 9 am – 1 pm  
*Food, utilities, furniture, prescriptions*

**Community Relief Org. of Mt. Holly 704-827-0450**  
2120 Spring St., Mt. Holly, NC 28120  
Hours: 9 am – 12:30 pm (closed Tuesday)  
*Food, clothing, rent, heat, electric bills, and medicine.*

**S.O.C.K.S. 704-827-8780**  
160 Woodlawn Ave., Belmont, NC 28101  
Hours: 10 am – 1 pm (closed Wednesday)  
*Food, medicine, utilities, rent, gas, hospital equipment*

**U-Can Inc. 704-538-8417**  
230 Main St, Lawndale, NC  
Hours: 9am – 12noon Monday - Thursday  
*Clothing, food & emergency assistance to Cleveland County Resident*

## **Lincoln County Transportation Services**

**Transportation of Lincoln County**

**115 W. Main Street, Lincolnton, NC 704-736-2030**

A fully coordinated, public transportation system that operates for DSS, elderly, disabled, and the general public of Lincoln County.

### **Medicaid covered appointments -**

Authorization & approval for services **704-736-8655**

Schedule transportation services **704-732-3471**

### **Elderly or Disabled Services covered appointments**

Authorization & approval for services **704-736-8492**

Schedule transportation services **704-736-2030**

### **Services for the Blind covered appointments**

Authorization & approval for services **704-732-9024**

Schedule transportation services **704-736-2030**

### **Veterans Services covered appointments**

Authorization & approval for services **704-736-8506**

Schedule transportation services **704-736-2030**

# Medical and Dental

Services & Med Pay Assistance for persons with limited income

## **Gaston Family Health Services Pediatric**

991 W. Hudson Blvd., Gastonia, NC 704-853-5010

*Child Health*

## **Gaston County Health Dept. 704-853-5000**

991 W. Hudson Blvd, Gastonia, NC

Women's Health & maternity 704-853-5009

Summit Midwifery 704-853-5464

Breast and Cervical Cancer Control Program 704-853-5009

Family Planning 704-853-5009

Teen Wellness Center 704-853-5009

704-853-5257

General Clinic/Immunization Program

704-853-5003

Communicable Disease 704-853-5002

Tuberculosis Control 704-853-5007

Adult Health Clinic 704-853-5006

Pharmacy 704-853-5011

## **Community Foundation of Gaston Co. 704-864-0927**

Po Box 123, Gastonia, NC 28053

*Medical assistance for children under 18*

## **Lincoln County Health Dept. 704-735-3001**

151 Sigmon Road, Lincolnton, NC 28092

## **Cleveland County Health Dept. 704-484-5100**

315 E Grover St, Shelby, NC

## **The Salvation Army Center of Hope 704-348-2560**

### **Free Medical Clinic**

534 Spratt St, Charlotte, NC

*Free medical care for homeless shelter residents*

## **GFHS Dental Clinic 704-853-5191**

Hours: 8 am - 5 pm

991 W. Hudson Blvd., Gastonia, NC 2852

*No insurance necessary. Adult & child dental services. Adults must call 1st day of month for an appointment. Children appointments are made between 8am-5pm Mon - Fri. Medicaid accepted*

## **Dental Clinic of Cleveland County 704-484-5260**

315 E Grover St, Shelby, NC

*Adults & children - billed on a sliding fee scale, Medicaid or dental insurance.*

*Appts made on the 2nd & 4th Wednesday*

## **GFHS Pediatric Dentistry 704-874-0377**

890 Summit Crossing Place, Gastonia, NC 28054

*Accepts ages 0 to 18 years.*

**Bessemer City Health Care Center 704-629-3465**  
Hours: 8 am - 5 pm  
119 W. Pennsylvania Ave., Bessemer City, NC 28016  
*Primary family health care*

**Gaston Family Health Services 704-853-5079**  
Hours: M – Th: 8am – 9pm; F: 8am – 5 pm  
991 W. Hudson Blvd., Gastonia, NC 28052

*No insurance necessary for medical and psychiatric treatment. Medicaid accepted. Medication assistance program available*

**Gaston Family Medical Center 704-874-3300**  
Hours: M – Th: 8am – 7 pm; F: 8am – 5pm  
111 East 3rd Avenue, Gastonia, NC 28052

**Highland Health Center 704-833-1550**  
Hours: 8am – 5 pm  
609 N. Highland St., Gastonia, NC 28052

**Helping Hands Health Center 704-735-7145**  
Hours: 8am – 5 pm  
206 Gamble Drive, Suite C, Lincolnton, NC 28092

**CaroMont Regional Medical Center 704-834-2000**  
(formerly Gaston Memorial Hospital)  
2525 Court Dr., Gastonia, NC 28054

- Social work & nurse care for abuse, neglect & homelessness
- Psychiatric evaluations
- Charity Program - Forgiveness of hospital bills

**Carolinas Medical Center - Lincoln 980-212-2000**  
433 McAlister Rd., Lincolnton, NC

**Broughton Hospital 828-433-2111**  
1000 S. Sterling St, Morganton, NC 28655  
*In Patient facility for those in need of psychiatric or long term care*

**Cleveland Regional Medical Center 980-487-3000**  
201 E Grover St, Shelby, NC

- Social work & nurse care coordination for abuse, neglect & homelessness
  - Psychiatric evaluations
- Charity Program - Forgiveness of hospital bills
- Life Line – Emergency Services for elderly

**Crawley Memorial Hospital 980-487-1300**  
315 W. College Ave, Boiling Springs, NC 28017

**Kings Mountain Hospital 980-487-5000**  
706 W King St, Kings Mtn., NC  
*Emergency services, Medical Care, inpatient psychiatric service*

**Food Assistance:  
AS ONE MINISTRIES  
Homeless Day Shelter**

805-A West Airline Ave, Gastonia, NC  
Telephone Mailbox Service  
ID Cards & Bus Tickets  
Referrals  
9am – 2 pm M- F  
9am - 12 Sat.  
704-862-6079

**Meals at the Salvation Army**

**Monday – Friday:**  
**Breakfast: 6:30 – 7:00 am**  
**Residents & Non-Residents**  
**Evening Meal: 5:00 pm Residents**  
**5:30 – 6:00 pm Non-Residents**  
**Saturday & Sunday:**  
**Breakfast: 6:30 – 7:00 am**  
**Residents & Non-Residents**  
**Evening Meal: 5:00 pm Residents**  
**5:30 – 6:00 pm Non-Residents**

**Soup Kitchens**

Free Meals for the Homeless  
& Low Income

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**The Salvation Army**  
107 N Broad Street, Gastonia, NC  
7 days a week 5:00 - 6:00pm

**Christian Ministries of Lincoln County**  
230 E. Water Street, Lincolnton  
7 days a week 11:30 am – 12:30 pm

**Central United Methodist Church**  
200 East Marion St., Shelby  
Tues & Sat: 11:45 – 12:30

**Christ for the Nations Church**  
409 Polkville Rd., Shelby  
Sunday: 12 Noon

**Episcopal Church of the Redeemer**  
502 W. Sumter St., Shelby  
Wednesday: 11:30 – 12:30

**First Baptist Church**  
120 N Lafayette St., Shelby, NC  
Friday 12:30 -1:30 pm

**Shelby Presbyterian**  
226 E Graham St, Shelby, NC  
Mon & Thurs. 11:30 – 12:30 pm

## **Emergency Housing**

Temporary alternative to unsafe in habitable living conditions until permanent housing is reached

**Cleveland Co. Abuse Prevention Council 704-481-0043**

PO Box 2589, Shelby, NC 28151

*Lighthouse Shelter - homeless women & children.*

**Cleveland County Rescue Mission 704-481-1889**

P. O. Box 1272, Shelby, NC

*Shelter for homeless men 704-481-1033*

**South Mountain Children & Family Service**

7330 Myrtle Dr, Nebo, NC 828-584-1105

*Offers care for abused, neglected & dependent children.*

**The Salvation Army 704-867-6145**

Hours: 24 hours/7 days

107 S. Broad Street, Gastonia, NC 28052

*Emergency shelter for men, women and families.*

**With Friends Youth Shelter.**

2098 Keith Drive, Gastonia, NC 28053 704-691-7116

*Shelter for homeless teens*

**Discovery Home Care 704-854-9351**

2429 Lynn Dr., Gastonia, NC 28054

*Emergency Shelter for Youth*

**Amy's House 704-736-1224**

Lincolnton, NC

*Emergency Shelter for Women & Children of domestic abuse*

**Hessed House of Hope 704-732-0175**

100 Ann Gaither Ct., Lincolnton, NC 28092

Intake hrs. 6:00 – 6:30 PM 7 days week Dec. 2 – April only

Shelter for homeless

**Relatives Crisis Youth Shelter 704-377-0602**

1100 East Blvd # 460, Charlotte, NC

**Men's Shelter of Charlotte 704-334-3187**

1210 North Tryon Street, Charlotte, NC

3410 Statesville Ave., Charlotte, NC

**The Salvation Army Center of Hope for Women &**

**Children 704-348-2560**

534 Spratt Street, Charlotte, NC

*Homeless Shelter for women & children*



## **Transitional Housing**

Temporary Housing with services to help persons & families reach permanent housing

**Catherine's House, Inc. 704-825-9599**

PO Box 1633, Belmont, NC 28012

Hours: 24 hours - 7 days

*Three month residential program for single women  
& women with children only. Screening Required*

**Florence Crittenton Services 704-372-4663**

1300 Blythe Blvd., Charlotte, NC

*For women while they are pregnant*

**Family Promise 704-854-9880**

PO Box 67, Gastonia, NC 28053

*Homeless married couples or single parents with children*

**With Friends Youth Shelter.**

2098 Keith Drive, Gastonia, NC 28053 **704-691-7116**

**Oxford House 704-671-4376**

315 3rd St., Gastonia, NC 28052 **919-520-5793**

*For men in recovery from substance abuse. Individual should be in recovery at least 3 months & have some form of income.  
An Oxford House describes a democratically run, self-supporting, and drug free home. Each House represents a remarkably  
effective and low cost*

**Off The Streets Program, Inc. 704-214-3331**

Gastonia, NC 28052

*Program geared for women struggling with addictions to learn to live without drugs & become responsible members of  
society*

**Gastonia's Potters House 704-824-3698**

PO Box 322, Lowell, NC 28098

Hours: 24 hours - 7 days

*Residential program for single women with substance abuse*